

"Julley"

We are delighted that you choose Trans Himalaya Travels for visiting Spiti Valley. It would be our honor to host you.

This document contains a list of what to carry for your vacation to Spiti Valley during winter. During the months between November and April, wintry conditions prevail in Spiti Valley where temperatures may plummet to as low as -30 degrees centigrade. Despite the extreme cold, a visit to the valley can certainly be managed if you are equipped with the right gear. This article will serve as a packing list for your Spiti Valley Winter tour.

You could choose to pack the following items for your Spiti Valley holiday:

- A backpack of min. 40-50ltr. of storage (Please avoid carrying luggage/trolley bags)
- Windproof Jackets (heavy / feather if you are coming before June and after October)
- Pullovers / Sweatshirts
- 2 pairs of Warmers / Thermals
- Woolen caps, mufflers, gloves, and socks
- Light Cotton Trek Pants / Comfortable Jeans (Avoid torn jeans)
- Raincoat (not necessary – but good to have one)
- Waterproof / snow-proof hiking shoes*
- An extra pair of shoes (only if you are trekking)
- Sleeping bag (only if you are trekking on your own)
- Sunscreen (SPF40 and above)
- Personal Medicines (As prescribed by your doctor)
- Water bottle
- A flashlight
- Solar chargers / Power banks
- Lip guard
- Hat
- Sunglasses
- Face Mask
- Inhalers (if you suffer from asthma)
- BSNL/JIO/AIRTEL Prepaid / Postpaid SIM Card
- Hand Sanitizer
- Toilet Paper

Request you to carry only one backpack per person.

If you are buying new shoes for your Spiti Valley tour, please remember to use them for at least a month before you commence your holiday. It's very important that these shoes are waterproof – so that your feet stay warm. Most of the above products can be purchased online from a reliable e-commerce portal of your choosing. If you are looking to buy all of these in one sweep, we recommend visiting a Decathlon store closest to you.

Some Important Points

- The weather during this time, especially in April, might get very cold and your tour plan might get affected due to snowfall / roads getting closed. We request you to be flexible with your schedule - and we assure you that we will use all our experience to ensure you have a safe and comfortable holiday. If it gets too cold / snowy we would shift to a Tata Sumo - which can navigate this terrain even in harsh temperatures. When it's too cold, the pipes in the hotels start to freeze and hence running water is not possible. In such cases, you will get water in buckets. If the cold is unbearable in a hotel (that's made of concrete), we will shift you to a homestay (made of mud) - which is relatively much warmer.
- The tour starts and ends in Shimla. If you need help with accommodation in Shimla on the day before the tour starts and ends, please let us know and we'll arrange a room for you in a good hotel.
- Vegetarian food will be easily available. If you need Jain food or have any dietary restrictions, please let us know and we will make the required arrangements.
- We recommend a start time of 10 AM from Shimla on Day 1. Hence, it would be ideal if you reached Shimla one day before the start of the tour. The car will pick you up from your hotel in Shimla.
- Shimla is accessible by road from New Delhi / Chandigarh. If you want, we would be happy to organize a comfortable taxi to travel between New Delhi / Chandigarh and Manali.