

Responsible travel

Trans Himalaya Travels has responsibilities to the tourists or clients that use our services as a tour operator. We are completely aware of these obligations and make a concerted effort each day to fulfil them. We believe that this not only gives you the finest experience possible, but it also benefits nearby communities. Locals are therefore driven to protect whatever draws tourists, be it their culture, fauna, or environment. In contrast, we actively steer clear of "tourist traps." Our primary goal is to travel sustainably. There are many things you can do to travel responsibly while on your trip.



INTRO

We feel it is our duty to guide you in the proper direction. We accomplish this by working together with individuals around the world, influential figures in the sustainability community, and the enthusiastic Trans Himalaya Travels crew.



OUR CONTRIBUTION



- Support the local community and economy. Enjoy the local culture by purchasing souvenirs created in the area.
- Local food It's wonderful to visit the well-known eateries that Lonely Planet or TripAdvisor recommend, but you should also check out some Mom-and-Pop stores. By doing this, you give to little businesses that need your money more than restaurants that are constantly bustling with customers. Bonus: You'll frequently discover the best and most genuine local cuisine here!
- Dress appropriately. In sacred spaces, cover your head. Take note of the local dress codes and follow them
- Don't offer local kids candy, pencils, or other gifts; doing so encourages the beggar economy. If you would like to make a donation, get in touch with a local tour company or school, as they can make sure the presents are given fairly.
- Don't encourage the illegal drug or sex industries. Know the indicators of human trafficking.
- Support a neighborhood charity or groups that promote ethical travel. If you're unsure, ask around; it's a fantastic way to strike up a conversation.

PEOPLE & COMMUNITY

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- Avoid leaving behind trash.
- Carry your own shopping bag and reusable water bottle to prevent adding to the global issue of plastic pollution.
- Avoid consuming or buying endangered species (e.g. leopard nails & teeth, leather handbags etc.).
- Reduce your energy usage. Turn off the lights, unplug the charger for your cellphone.
- Be water wise. shorter showers... The typical visitor to a low-cost hotel uses more than 300 litres of water per night! It is roughly 1800 litres in a five-star hotel!
- Before leaving the house, remove all packing.
- Avoid making too much waste and using plastic bottles (in many countries there is no way of disposing of these, therefore creating plastic mountains due to tourism)
- Bring your own bottle and think about filtering the water yourself (life straws are great)
- Travel off season if you can ... better prices and less crowded

ENVIOIREMENT & WILDLIFE

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- Always get permission before taking a picture. Respect someone's request if they say no.
- Be respectful of the places you visit and the environment. Inform yourself about the area and the locals because you are their guest.
- Respect culture, religious sites, and heritage.
- Respect cultural diversity and take something away from it! Don't try to modify how people behave in different areas; instead, take pleasure in it.
- Ask your travel service provider (tour operator, travel agent) about the business's environmental and responsible tourism policies before you travel, and support those who do the same.
- Inquire about the sustainable practises of your lodging option (hotel, guest house, lodge, or Home stay), such as whether they compost. Recycle? possesses just labour laws? a stance on the environment?
- Support businesses that publicly seek to increase the responsibility of tourism, such as responsible tourist organizations.
- Support regional nonprofits, whether you live there or just visit.

CULTURE & HERITAGE